

AICOG 2025 - JIO World Convention Centre, BKC, Mumbai - 8th January 2025			
Title of Workshop	TEEN CONNECT - The Adolescent Health Hub		
Conveners	Dr. Duru Shah, Dr. Roza Olyai, Dr. S. Sampath Kumari, Dr. Supriya Jaiswal		
Description	The comprehensive Adolescents workshop is designed to provide healthcare professionals with a clear understanding of the various Health issues of the Adolescents. The hands on workshop will cover essential theoretical knowledge practical skills and vision to enhance participants awareness regarding various health issues of Adolescents.		
Learning Objectives	To understand Adolescent development & health challenges. Address common issues like sexual health & mental health. Learn strategies for promoting healthy behaviors. Develops communication skills with adolescents. Create safe & inclusive environments Explore the role of families, schools and communities. Awareness for Adolescent contraceptive and menstrual hygiene.		
Time	Topic	Speaker / Moderator	Panelists
09:00 - 10:00	Session 1: Exploring Adolescent PCOS & Endometriosis Chairpersons:		
09:00 - 09:15	Navigating the Hormonal Highway: Understanding Adolescent PCOS		
09:15 - 09:30	Beyond the Acne: Unmasking the Truth about Adolescent PCOS		
09:30 - 09:45	Silent Suffering: Understanding and Addressing Adolescent Endometriosis		
09:45 - 10:00	Hope for Tomorrow: Fertility Preservation Options for Teens with Endometriosis		
10:00 - 11:00	Session 2: Teenage Pregnancy & Adolescent Contraception Chairpersons:		
10:00 - 10:15	Unveiling the Truth: Myths and Realities of Teenage Pregnancy		
10:15 - 10:30	Redefining Teen Parenthood: Challenges and Triumphs		
10:30 - 10:45	Breaking Barriers: Ensuring Access to Contraception for Teens Everywhere		
10:45 - 11:00	Safe & Sound: The ABCs of Adolescent Contraception		
11:00 - 12:00	Session 3: HPV VACCINATION & Adolescent Cancers Chairpersons:		
11:00 - 11:15	HPV Vaccination: Empowering Teens for a Healthy Future		
11:15 - 11:30	Breaking the Chain: How HPV Vaccination Stops the Spread		
11:30 - 11:45	Adolescent Ovarian Tumors: Diagnosis, Management, and Outcomes		
11:45 - 12:00	Adnexal Masses in Adolescent Girls: A Multidisciplinary Approach to Evaluation and Treatment		
12:00 - 13:00	Session 4: MIXED BAG Chairpersons:		
12:00 - 12:10	Mind Matters: Nurturing Adolescent Mental Health in a Digital Age		
12:10 - 12:20	Trans Youth Empowerment: Supporting Gender Diverse Children and Teens		
12:20 - 12:30	Empowering Our Future: Understanding the POCSO Act and its Impact on Child protection		
12:30 - 12:40	From Breakouts to Breakthroughs: The Latest Trends in Cosmetic Acne Solutions for Teens		
12:40 - 12:50	Lost in the Fast Food Jungle: Navigating Adolescent Obesity Epidemic		
12:50 - 13:00	Understanding Adolescent Sexuality: Navigating Challenges and Promoting Healthy Relationships"		